

STAR Cotton *mto*

Size & Width

Circumferences cm		I	II	III	IV	V	VI	VII	VIII
EXTRA WIDE	g THIGH TOP	43-55	45-59	49-63	53-66	57-69	61-72	64-75	67-78
	f MID THIGH	39-49	41-52	44-55	47-58	50-61	53-64	56-67	59-70
	d CALF	28-34	30-36	32-38	34-41	36-43	38-45	40-49	42-54
	c MID CALF	29-35	31-37	33-39	35-42	37-45	39-47	41-52	43-56
STANDARD	g THIGH TOP	43-48	45-51	49-55	53-59	57-63	61-66	64-69	67-72
	f MID THIGH	39-43	41-46	44-49	47-52	50-55	53-58	56-61	59-64
	d CALF	28-30	30-34	32-36	34-38	36-41	38-43	40-45	42-47
	c MID CALF	29-33	31-35	33-37	35-39	37-42	39-45	41-48	43-51
	b ANKLE	18-20	20-22	22-24	24-26	26-28	28-30	30-32	32-34

Leg Length

Lengths cm		SHORT	REGULAR	LONG
A-d	BELOW KNEE	33-37	38-43	>44
A-g	THIGH HIGH	57-67	68-80	>81
Inside Leg	TIGHTS	65-75	76-85	>86

Foot Length

		SHORT	REGULAR	LONG
UK	SHOE SIZE	< 5	5-9	>10

Measurement Points

Lengths

All length measurements should be taken straight with the patient lying or sitting (up to **f**) and standing for thigh-high and panty garments.

Circumferences

g is the position you would like the garment to finish when measuring for thigh length garments

f mid-thigh

d Approximately 3cm or 2 finger widths below the popliteal crease

c The largest girth of the calf

b is approx 2cm above the malleolus

A The floor

Foot length is determined by UK Shoe Size